

AMENDMENTS

Please cancel claims 12 and 15 without prejudice or disclaimer of the subject matter set forth therein.

This listing of claims will replace all prior versions and listings of claims in the application:

Listing of claims:

1. (currently amended) A smoking craving suppressing composition comprising for suppressing craving for smoking, characterized in ~~that the composition comprises~~ an effective amount of theanine.
2. (currently amended) The composition according to claim 1, which is administered to an individual for preventing, alleviating or eliminating withdrawal symptoms caused by ~~prohibition~~ stopping smoking or moderation of smoking.
3. (currently amended) The composition according to claim 1 or 2, which is previously administered to an individual when withdrawal symptoms are presumed to be caused by ~~prohibition~~ stopping smoking or moderation of smoking.

4. (currently amended) The composition according to claim 1 or 2, which is administered to an individual during occurrence of withdrawal symptoms caused by ~~prohibition~~ stopping smoking or moderation of smoking.

5. (currently amended) The composition according to claim 1 or ~~any one of claims 1 to 4~~, wherein the composition is suitable for absorption via oral mucosa.

6. (original) The composition according to claim 5, wherein the composition is in a dosage form sustainable in the mouth for at least 3 minutes when orally taken.

7. (currently amended) The composition according to claim 1 or 2 ~~any one of claims 1 to 6~~, which is a food composition.

8. (currently amended) A method for ~~prohibiting~~ stopping smoking or moderating smoking, comprising administering to an individual a composition comprising a smoking craving suppressing substance consisting essentially of theanine in an amount sufficient to suppress craving for smoking wherein the composition is a preparation suitable for absorption via oral mucosa.

9. (currently amended) The method according to claim 8, wherein the composition is administered to an individual for preventing, alleviating or eliminating withdrawal symptoms caused by ~~prohibition~~ stopping smoking or moderation of smoking.

10. (currently amended) The method according to claim 8, ~~comprising~~ wherein the composition is previously administered ~~administering~~ to an individual when withdrawal symptoms are presumed to be caused by ~~prohibition~~ stopping smoking or moderation of smoking.

11. (currently amended) The method according to claim 8, ~~comprising administering~~ wherein the composition is administered to an individual during occurrence of withdrawal symptoms caused by ~~prohibition~~ stopping smoking or moderation of smoking.

12. (canceled).

13. (currently amended) The method according to claim 8 ~~12~~, wherein the composition is in a dosage form sustainable in the mouth for at least 3 minutes when orally taken.

14. (original) The method according to claim 8, wherein the composition is a food composition.

15. (canceled).

16. (new) The composition according to claim 1, wherein the composition provides a dose to an individual in an amount of from 87 mg to 200 mg.

17. (new) The method according to claim 8, wherein the composition is administered to an individual in an amount of from 87 mg to 200 mg.